

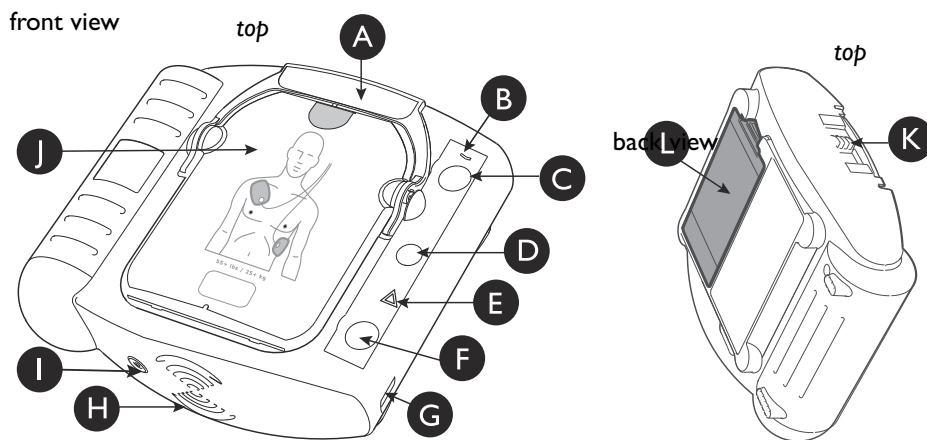
HeartStart Home Defibrillator

INSTRUCTIONS FOR USE



M5068A
Edition 9

PHILIPS



The HeartStart Home Defibrillator M5068A


A Pads Cartridge Handle. Pull the handle to turn on the HeartStart and remove the cartridge's hard cover.


B Ready Light. This green light tells you the readiness of the HeartStart.


Blinking: standby mode
(ready for use)


Solid: in use

Off: needs attention
(HeartStart "chirps" and i-button flashes)

C On/Off Button. Press this green button  to turn on the HeartStart. To turn off the HeartStart, press the green button again and hold it down for one (1) second.

D Information Button. This blue "i-button"  flashes when it has information you can access by pressing it. It also flashes at the beginning of a patient care pause when CPR coaching is enabled.

E Caution Light. This triangular light  flashes during rhythm analysis and is on when a shock is advised, as a reminder that no one should be touching the patient.

F Shock Button. When instructed by the HeartStart to deliver a shock, press this flashing orange button .

G Infrared (IR) Communications Port. This special lens, or "eye," is used to transfer HeartStart data directly to or from a computer.

H Speaker. When the device is being used, its voice instructions come from this speaker.

I Beeper. The HeartStart "chirps" through this beeper to alert you when it needs attention.

J SMART Pads Cartridge. This disposable cartridge contains self-adhesive pads with attached cable. Shown with adult pads cartridge.

K SMART Pads Cartridge Latch. Slide the latch to the right to release the pads cartridge for replacement.

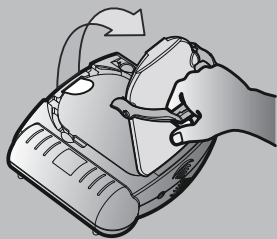
L Battery. The non-rechargeable battery is inserted in a recess on the back of the HeartStart.

HeartStart Home Defibrillator M5068A

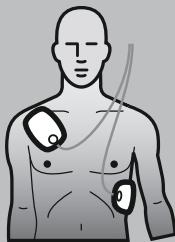
QUICK REFERENCE

Check for signs of Sudden Cardiac Arrest: Unresponsive
 Not Breathing Normally

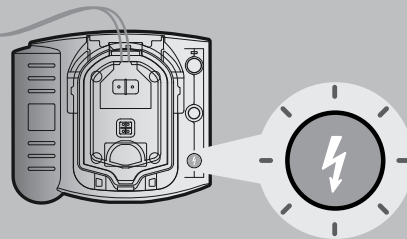
1 PULL



2 PLACE



3 PRESS



HeartStart Home

M5068A

Automated External Defibrillator

INSTRUCTIONS FOR USE
Edition 9

IMPORTANT NOTE:

It is important to understand that survival rates for sudden cardiac arrest are directly related to how soon victims receive treatment. For every minute of delay, the chance of survival declines by 7% to 10%.

Treatment cannot assure survival. In some victims, the underlying problem causing the cardiac arrest is simply not survivable despite any available care.

About this edition

The information in this guide applies to the model M5068A Philips HeartStart Home Defibrillator. This information is subject to change. Please contact Philips at www.HeartStartHome.com or 1.866.333.4246 for information on revisions.

Edition history

Edition 9

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Notices

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NOTE: The Philips HeartStart Home Defibrillator is designed to be used only with Philips-approved accessories. The HeartStart may perform improperly if non-approved accessories are used.

Patents

This product is manufactured and sold under one or more of the following United States patents: US5611815, US5632280, US5650750, US5773961, US5776166, US5800460, US5803927, US5868792, US5879374, US5889388, US5891046, US5891049, US5899926, US5902249, US5904707, US5951598, US6016059, US6047212, US6075369, US6185458, US6230054, US6287328, US6299574, US6317635, US6356785, US6417649, US6441582, US6553257, US6556864, US6662056, US6871093, US7463922, US7489972, US7689278, US7715913, US7822488, US8086306, US8209008, US8335562, USRE43050, and other patents pending.

For Technical Support

If you need technical support, please contact your local Philips representative by calling the regional number on the back cover of this manual, or go to www.philips.com/AEDsupport.

To download additional copies of this manual, go to www.philips.com/productdocs.

CONTENTS

1	INTRODUCTION TO THE HEARTSTART	
	Description	1-1
	Sudden cardiac arrest	1-1
	Indications for use	1-1
	Training and practice	1-2
	State and local requirements	1-2
	For more information	1-2
2	SETTING UP THE HEARTSTART	
	Package contents	2-1
	Setting up the HeartStart	2-1
	Readiness check	2-2
	Being ready to use the HeartStart	2-3
	Recommended accessories	2-4
3	USING THE HEARTSTART	
	Overview	3-1
	STEP 1: PULL the green handle	3-2
	STEP 2: PLACE the pads	3-3
	STEP 3: PRESS the Shock button	3-4
	Treating infants and children	3-5
	When emergency medical services arrive	3-6
4	AFTER USING THE HEARTSTART	
	After each use	4-1
	HeartStart data storage	4-1
5	MAINTAINING THE HEARTSTART	
	Routine maintenance	5-1
	Periodic checks	5-1
	Changing the pads cartridge	5-2
	Replacing the battery	5-3
	Cleaning the HeartStart	5-4
	Disposing of the HeartStart	5-5
	Ready light troubleshooting tips	5-5
	Troubleshooting a chirping HeartStart	5-6

APPENDICES

A Accessories for the HeartStart

B Glossary of terms

C Glossary of symbols/controls

D Warnings and precautions

E Technical information

F Configuration

G Testing and troubleshooting

H Additional technical information required for European conformity

I INTRODUCTION TO THE HEARTSTART

DESCRIPTION

The HeartStart Home Defibrillator M5068A (“HeartStart”) is part of the Philips HeartStart HSI family of automated external defibrillators (AEDs). Small, lightweight, and battery powered, the HeartStart is designed for simple and reliable operation.

SUDDEN CARDIAC ARREST

The HeartStart is used to treat the most common causes of sudden cardiac arrest (SCA), including ventricular fibrillation (VF). SCA is a condition that occurs when the heart unexpectedly stops pumping. SCA can occur to anyone – infant, child, adult, male or female – anywhere, at any time. Many victims of SCA do not have warning signs or symptoms.

VF is a chaotic quivering of the heart muscle that prevents it from pumping blood. The only effective treatment for VF is defibrillation. The HeartStart treats VF by sending a shock across the heart, so it can start beating regularly again. Unless this is successful within the first few minutes after the heart stops beating, the victim is not likely to survive.

INDICATIONS FOR USE

The HeartStart should be used to treat someone you think may be a victim of SCA. A person in SCA:

- does not respond when shaken, and
- is not breathing normally.

If in doubt, apply the pads. Follow the voice instructions for each step in using the defibrillator.

TRAINING AND PRACTICE

The HeartStart comes with training materials, including a training video and an Owner's Manual, which should be reviewed by anyone who may use the defibrillator.

Reusable accessories are available from Philips for practicing use of the HeartStart. See Appendix A for information on ordering Practice Kits.

It is also important to have training in cardiopulmonary resuscitation (CPR). Many training organizations offer a combined course in CPR and defibrillator use. For a list of organizations offering CPR and defibrillator training in your area, contact us by phone at 1.866.DEFIBHOME (1.866.333.4246) or visit us online at www.HeartStartHome.com.

STATE AND LOCAL REQUIREMENTS

Check with your state health department to see if there are any local or state requirements about owning and using a defibrillator. You can find contact information for learning about your state's requirements online, at www.HeartStartHome.com.

FOR MORE INFORMATION

Contact Philips at 1.866.333.4246 or www.HeartStartHome.com. We will be happy to answer any questions you may have. Clinical summaries of several key studies using Philips automated external defibrillators,* as well as the *Technical Reference Manual* for the HeartStart HSI Automated External Defibrillator, are available online at www.philips.com/productdocs.

* Clinical studies also include defibrillators sold as Heartstream ForeRunner and FR2.

2 SETTING UP THE HEARTSTART

PACKAGE CONTENTS

Check the contents of the HeartStart Home Defibrillator box to be sure it contains:

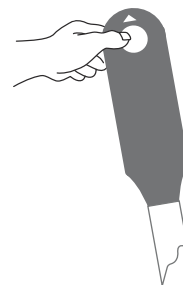
- 1 HeartStart Defibrillator M5068A
- 1 battery M5070A, pre-installed
- 1 Adult SMART Pads Cartridge M5071A, pre-installed containing one set of adhesive defibrillation pads
- 1 literature envelope containing: Owner's Manual, Quick Start poster, HeartStart Support Program enrollment card, Call 911 telephone reminder sticker
- 1 training video

Additional practice materials and optional accessories for the HeartStart HSI family of defibrillators are also available from Philips. See Appendix A for a description of these items.

SETTING UP THE HEARTSTART

Setting up the HeartStart is simple and quick. Simply open the red carry case and lift out the HeartStart with its wrap-around card. Then follow the instructions on the card.

1. Pull the red tab to start the automatic battery self-test. The defibrillator will tell you it is testing.
2. Press the flashing orange Shock button when the voice tells you to. (No shock will be given.)
3. Wait about one minute. When the HeartStart passes the self-test it turns off and the green Ready light starts blinking to show that the defibrillator is in standby mode and ready for use. Tear the card along the line at the bottom and remove it. Then reinstall the defibrillator in its carry case.



Pull out the red tag.

NOTE: To prevent the adhesive gel from drying out, do not open the pads cartridge until you need to use the pads in an emergency.

NOTE: Do not store anything in the defibrillator carry case that it is not designed to accommodate. Store all objects in their intended location in the case.


READINESS CHECK

If the HeartStart Home Defibrillator is correctly set up, it will now be in “standby mode” and the green Ready light will be blinking. This means the defibrillator has passed its most recent self-test and is therefore ready to use. To test this:

1. Press the blue i-button  on the front of the device.

The defibrillator will report the status of the unit and tell you to push the green On/Off button in case of an emergency. *Do not push the green button unless this is an actual emergency.*

2. Check the green Ready light in the upper right-hand corner of the device.

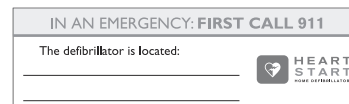
The green Ready light will be blinking. (If the green Ready light is not blinking or if the defibrillator is chirping and the blue i-button is flashing, you can press the i-button  and the defibrillator will tell you what is wrong and what to do about it. See Appendix G, “Testing and Troubleshooting,” for troubleshooting guidelines.)

NOTE: Always store the HeartStart with a pads cartridge and a battery installed, so it will be ready to use and can perform daily self-tests. Training pads should be stored separately from the HeartStart to avoid confusion during a use.

BEING READY TO USE THE HEARTSTART

Finally, follow these important steps to help ensure that you'll be ready to use your HeartStart if you need to.

1. Take a moment to study the front of the HeartStart. Check the drawing and descriptions on the inside front cover of this book. Locate the controls and features of the defibrillator.
2. Review the training materials.
 - Watch the short training video for a step-by-step demonstration.
 - Read the HeartStart Owner's Manual for information on set up, operation, maintenance, and accessories. Store it in the carry case in the pocket behind the Quick Reference Guide.
 - Review the Quick Reference Guide,^{*} found inside the carry case. Return it to the clear window in the red carry case for use in an emergency if needed.
3. Decide where to keep the HeartStart.
 - Write your address on the Call 911 card on the back of the carry case. (If 911 is not your Emergency Medical Services number, use the back of the card and write in your EMS number.) Another Call 911 card is on the front of the case. (Again, use the back of the card if 911 is not your EMS number.)
 - Place HeartStart in a convenient, central location. It should be near a telephone and where it can be easily seen and heard.
 - Locate the telephone reminder sticker. Write the HeartStart storage spot on the sticker. Place the sticker with other emergency numbers so that anyone reporting an emergency will know where to find the HeartStart.



^{*} The cover of the Quick Reference Guide provides an illustrated 3-step guide to using the HeartStart. Inside are more detailed illustrated directions for reference if you are hearing impaired or operating the HeartStart where it is difficult to hear the voice instructions.

- In general, treat the HeartStart as you would any piece of sophisticated electronic equipment, such as a computer. Store the defibrillator where the temperatures stay between 50° and 109° F (10° and 43° C). *Do not keep the HeartStart in the trunk of a car for long periods if you live in a very hot or cold climate.*
- If you have a practice pads cartridge, it is recommended that you store it separately from the HeartStart, so the practice pads cannot be confused with the regular pads in an emergency. The HeartStart will chirp if the practice pads cartridge remains installed for over one hour without being used.

RECOMMENDED ACCESSORIES

It is always a good idea to have a spare battery and a spare pads set. Other things that are useful to keep with the HeartStart include:

- scissors — for cutting the victim's clothes if needed
- disposable gloves — to protect the user
- a disposable razor — to shave the chest if hair prevents good pads contact
- a pocket mask or face shield — to protect the user
- a towel or absorbent wipes — to dry the victim's skin for good pads contact

Philips has a Fast Response Kit with all these items. See Appendix A for information.

If you may need to defibrillate an infant or a child under 25 kg (55 pounds) or 8 years old, it is recommended that you order the Infant/Child SMART Pads Cartridge, available separately at www.HeartStart Home.com or by calling 1.866.333.4246. When the Infant/Child Pads Cartridge is installed in the HeartStart, the HeartStart automatically reduces the defibrillation therapy to a level more appropriate for infants and children. In addition, if optional CPR coaching is selected, the HeartStart provides coaching appropriate for infants and children. Directions for using the Infant/Child SMART Pads are provided in Chapter 3, "Using the HeartStart."

3 USING THE HEARTSTART


IMPORTANT NOTE: Be sure to read the Reminders section at the end of this chapter as well as the warnings and precautions in Appendix D.

OVERVIEW

If you think someone is in SCA, act quickly and calmly. *If someone else is available*, ask him or her to call for emergency medical assistance while you get the HeartStart. *If you are alone*, follow these steps:

- Call your emergency services provider.
- Quickly get the HeartStart and bring it to the victim's side. If there is any delay in getting the defibrillator, check the patient and perform cardiopulmonary resuscitation (CPR) if needed until the HeartStart is available.
- If the patient is an infant or child, first perform CPR, then call for Emergency Medical Services (EMS) before you apply the HeartStart. See special section on treating infants and children on page 3-5.
- Check the immediate environment for flammable gases. Do not use the HeartStart in the presence of flammable gases, such as an oxygen tent. However, it is safe to use the HeartStart on someone wearing an oxygen mask.

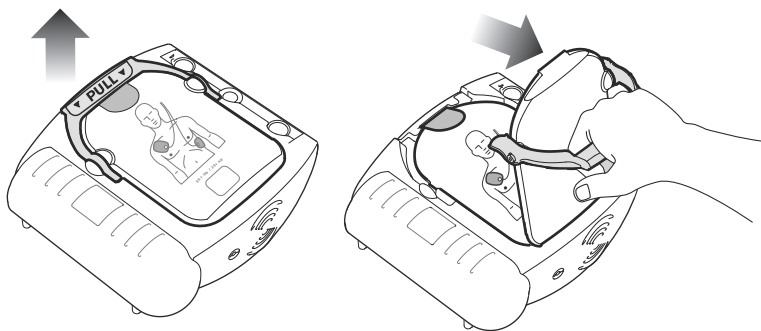
There are three basic steps to using the HeartStart to treat someone who may be in sudden cardiac arrest:

1. PULL up the handle on the SMART Pads Cartridge.
2. PLACE the pads on the patient's bare skin.
3. PRESS the flashing Shock button  if instructed.

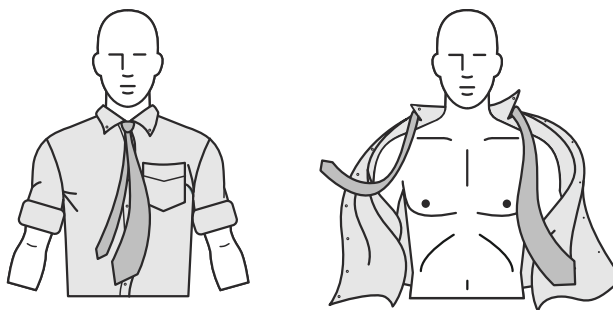
The following pages provide details about each step.

STEP 1: PULL THE GREEN HANDLE

Turn on the HeartStart by pulling the SMART Pads Cartridge's green handle.*
Remove the hard cover from the pads cartridge and set it aside. Remain calm and follow the HeartStart's instructions.



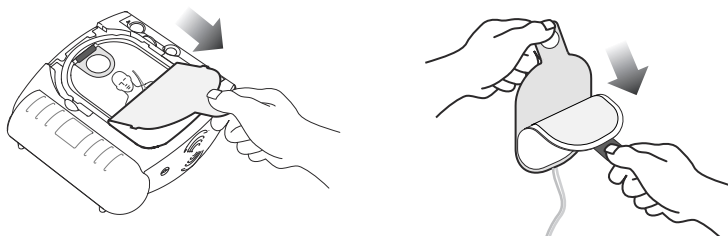
The HeartStart starts by directing you to remove all clothes from the patient's chest. If necessary, rip or cut off the clothing to bare the person's chest



* You can also turn on the HeartStart by pressing the green On/Off button.

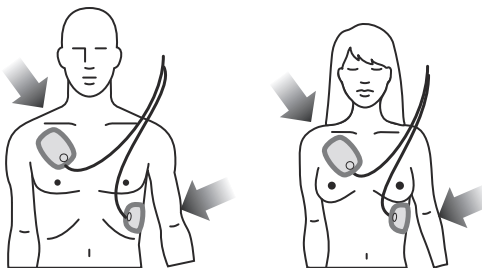
STEP 2: PLACE THE PADS

Pull the tab at the top of the pads cartridge to peel off the film seal. Inside are two adhesive pads on a plastic liner. Remove the pads from the cartridge.

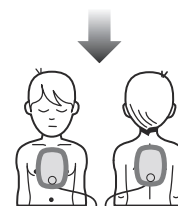


Peel one pad off the liner. Place the pad on the patient's bare skin, *exactly as shown in the picture on the pad*. Press the pad down firmly. Then repeat this with the other pad. Be sure the pads have been removed from the liner before placing them.

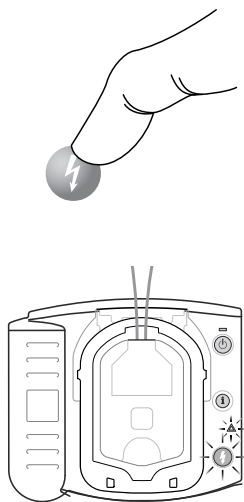
Pad placement for adults and children more than 55 pounds (25 kg) or 8 years old (anterior-anterior).




Pad placement for infants or children less than 55 pounds (25 kg) or 8 years old (anterior-posterior).






NOTE: It may be necessary to dry the patient's skin where the pads will be placed, or to clip or shave excessive chest hair, in order to provide good contact between the pads and the skin.




STEP 3: PRESS THE SHOCK BUTTON

As soon as the HeartStart detects that the pads are attached to the patient, it begins analyzing the patient's heart rhythm. It tells you that no one should be touching the patient, and the Caution light  begins flashing as a reminder.


If a shock is needed:

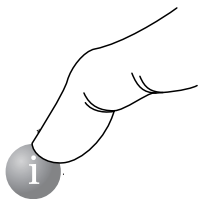
The Caution light  goes from flashing to solid, the orange Shock button  starts flashing, and the defibrillator tells you to press the flashing orange button. No one should be touching the patient. When you press the Shock button, the defibrillator tells you that the shock has been delivered. Then the HeartStart tells you it is safe to touch the patient, instructs you to begin CPR, and invites you to press the flashing blue i-button  for CPR Coaching if desired.

If a shock is not needed:

The HeartStart tells you it is safe to touch the patient and instructs you to perform CPR if needed. (If CPR is not needed – for example, if the patient is moving or regaining consciousness – follow your local protocol until emergency medical personnel arrive.) Then the HeartStart invites you to press the flashing blue i-button  for CPR Coaching, if desired.

For CPR Coaching:

Press the flashing blue i-button  during the first 30 seconds of the patient care pause to activate CPR Coaching.* (If the Infant/Child SMART Pads Cartridge is inserted, CPR Coaching will provide coaching for infant/child CPR.) When the pause is over, the defibrillator tells you to stop CPR, so it can analyze the patient's heart rhythm. The motion caused by CPR can interfere with analysis, so be sure to stop all motion when instructed.



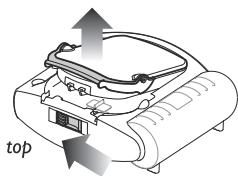
* The default configuration for the HeartStart provides CPR Coaching when you press the i-button in this situation; however, the default setting can be revised by your Medical Director using Philips software available separately. See Appendix F for more information.

TREATING INFANTS AND CHILDREN

WARNING: Most cardiac arrests in children are not caused by heart problems. When responding to cardiac arrest in an infant or child:

- Provide infant/child CPR while a bystander calls EMS and brings the HeartStart.
- If no bystander is available, provide 1-2 minutes of CPR before calling EMS and retrieving the HeartStart.
- If you witnessed the child's collapse, call EMS *immediately* and *then* get the HeartStart.

If the patient is under 55 pounds (25 kg) or 8 years old, and you have an Infant/Child SMART Pads Cartridge:



- Remove the Infant/Child SMART Pads Cartridge from its package.*
- Locate the latch at the top edge of the defibrillator, and slide it to the side. The pads cartridge will be released. Remove the old cartridge.
- Install the new cartridge: slide the bottom end of the cartridge into the recess, then press in the cartridge until the latch clicks into place. Be sure the green handle is pressed down firmly. The HeartStart will tell you that Infant/Child pads have been inserted, then it will turn off to be ready for use.
- Pull the green handle to start the rescue.
- Remove all clothing from the upper body, to bare both the chest and the back. Place one pad in the center of the chest between the nipples, and the other in the center of the back (anterior-posterior).

With the Infant/Child SMART Pads Cartridge inserted, the HeartStart automatically reduces the defibrillation energy from the adult dose of 150 joules to 50 Joules[†] and provides optional infant/child CPR Coaching. Place the pads exactly as shown on the illustration on the pads.

* Philips recommends that the HeartStart be stored with an adult pads cartridge installed, as pediatric cardiac arrest is not common.

† This lower energy level may not be effective for treating an adult.

If the patient is under 55 pounds (25 kg) or 8 years old, but you do NOT have an Infant/Child SMART Pads Cartridge:

- DO NOT DELAY TREATMENT.
- Remove all clothing from the torso, to bare both the chest and the back.
- Apply the HeartStart using the adult pads cartridge, but place one pad in the center of the chest between the nipples, and the other in the center of the back (anterior-posterior).

If the patient is over 55 pounds (25 kg) or 8 years old, or if you are not sure of the exact weight or age:

- DO NOT DELAY TREATMENT.
- Remove all clothing from the chest.
- Apply the HeartStart using the adult pads cartridge, and place the pads as illustrated on the pads (anterior-anterior). Make sure the pads do not overlap or touch each other.

WHEN EMERGENCY MEDICAL SERVICES ARRIVE

When Emergency Medical Services (EMS) personnel arrive to care for the patient, they may decide to apply another defibrillator to allow monitoring of the patient. The SMART Pads should be removed from the patient prior to using another defibrillator. EMS personnel may want a summary of the last-use data* stored in the HeartStart. To hear the summary data, hold down the i-button until the HeartStart beeps.

NOTE: After the EMS team removes the SMART Pads from the patient, remove the used pads cartridge, and insert a new pads cartridge before returning the HeartStart to service, to be sure it is ready for use.

* See Chapter 4, “After Using the HeartStart” for details about data storage.

REMINDERS

- Remove any medicine patches and residual adhesive from the patient's chest before applying the pads.
- Do not allow the pads to contact other electrodes or metal parts that are in contact with the patient.
- Avoid placing the pads directly over an implanted pacemaker or defibrillator. A noticeable lump with a surgical scar should indicate the position of an implanted device.
- If the pads do not stick well, check that the pads adhesive has not dried out. Each pad has a layer of adhesive gel. If the gel is not sticky to the touch, replace the pads with a new set.
- Keep the patient still and keep any movement around the patient to a minimum during rhythm analysis. Do not touch the patient or the pads while the Caution light is on solid or flashing. If the HeartStart is unable to analyze due to electrical "noise" (artifact), it will tell you to stop all movement and remind you not to touch the patient. If the artifact continues for more than 30 seconds, the HeartStart will pause briefly to allow you to deal with the source of the noise, then resume analysis.
- The HeartStart will not deliver a shock unless you press the flashing orange Shock button. If you do not press the Shock button within 30 seconds after the defibrillator tells you to, it will disarm itself, and (for the first CPR interval) give a reminder to make sure Emergency Medical Services have been called, then begin a CPR interval. This is designed to minimize interruption of CPR and help ensure ongoing patient support.
- While waiting for you to press the Shock button, the HeartStart will continue to analyze the heart rhythm. If the patient's rhythm changes before you press the Shock button, and a shock is no longer needed, the defibrillator will disarm and tell you a shock is not advised.
- If for any reason you want to turn off the defibrillator during a use, you can press the On/Off button – holding it down for at least one second – to return the device to standby mode.

4 AFTER USING THE HEARTSTART

AFTER EACH USE

1. Check the outside of the HeartStart for signs of damage, dirt, or contamination. If you see signs of damage, contact Philips for technical support. If the HeartStart is dirty or contaminated, clean it according to the guidelines in Chapter 5, “Maintaining the HeartStart.”
2. Insert a new SMART Pads cartridge into the HeartStart. Check supplies and accessories for damage and expiration dates. Replace any used, damaged or expired items. For directions on changing the pads and replacing the battery, please see Chapter 5, “Maintaining the HeartStart.” The single-use pads must be replaced after being used.
3. Unless your protocol requires that the battery remain installed, remove the battery for five seconds, then reinstall it to run the battery insertion self-test to check the operation of the defibrillator.* When the test is complete, check that the green Ready light is blinking.
4. Return the HeartStart to its storage location so it will be ready for use when needed.

HEARTSTART DATA STORAGE

The HeartStart automatically stores data about its last clinical use in its internal memory. The stored data can be conveniently transferred to a personal computer or a handheld computer running the appropriate application in the Philips HeartStart Event Review data management software suite. Event Review software is for use by trained personnel only. Information about HeartStart Event Review is available online at www.philips.com/eventreview.

The information automatically stored by the HeartStart includes a summary of last-use data and detailed data about its last clinical use. You can get a voice summary of information about the last use of the defibrillator by holding the

* If you leave the battery in the HeartStart after using the defibrillator, then transfer the last-use data to a computer running HeartStart Event Review software, the software will calculate the local date and time of the device use. However, if you remove the battery prior to transferring the data, the software will only show elapsed time.

i-button down until it beeps once. The HeartStart will tell you how many shocks were delivered and how long it has been since it was turned on. Summary data are available anytime the defibrillator is ready for use (the battery and pads are installed, and the defibrillator is not turned on) or while it is actually in use. Removing the battery erases the summary data for the last use.

Last-use data stored in internal memory include:

- ECG recordings (a maximum of 15 minutes following pads application^{*})
- the HeartStart's status (entire incident)
- the HeartStart's rhythm analysis decisions (entire incident)
- the elapsed time associated with stored events (entire incident)

^{*} If ECG recordings from a previous use have not been erased, the maximum time for new ECG recordings may be less.

5 MAINTAINING THE HEARTSTART

ROUTINE MAINTENANCE

The HeartStart is very simple to maintain. The defibrillator performs a self-test every day. In addition, a battery insertion self-test is run whenever a battery is installed in the device. The HeartStart's extensive automatic self-test features eliminate the need for any manual calibration. The HeartStart has no user-serviceable parts.

WARNING: Electrical shock hazard. Do not open the HeartStart, remove its covers, or attempt repair. There are no user-serviceable components in the HeartStart. If repair is required, return the HeartStart to Philips for service.

REMINDERS:

- Do not leave the HeartStart without a pads cartridge installed; the defibrillator will start chirping and the i-button will start flashing. For directions on changing the pads cartridge, see Chapter 2, "Setting up the HeartStart."
- The HeartStart runs daily self-tests. As long as the green Ready light is blinking, it is not necessary to test the defibrillator by initiating a battery insertion self-test. This uses battery power and risks draining the battery prematurely.

PERIODIC CHECKS

Other than the checks recommended after each use of the HeartStart, maintenance is limited to periodically checking the following:

- Check the green Ready light. If the green Ready light is not blinking, see Troubleshooting Tips, below.
- Replace any used, damaged or expired supplies and accessories
- Check the outside of the defibrillator. If you see cracks or other signs of damage, contact Philips for technical support.

CHANGING THE PADS CARTRIDGE

There are four kinds of HeartStart Home pads cartridges designed for use with your defibrillator: HeartStart Home Adult SMART Pads, HeartStart Home Infant/Child SMART Pads, reusable HeartStart Home Adult Practice Pads, and reusable Infant/Child Practice Pads.

Adult SMART Pads are intended for any patient eight years or older, or weighing 55 pounds (25 kilograms) or more. Infants and younger or smaller children should be treated using the HeartStart Home Infant/Child SMART Pads, if available; otherwise, use the Adult SMART Pads placed on the chest and back.

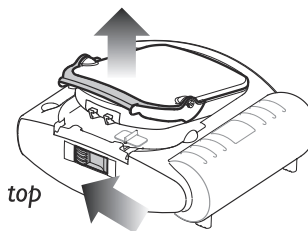
The HeartStart Home practice pads are for practicing how to use your HeartStart Home Defibrillator. They cannot be used to treat sudden cardiac arrest. *Store the practice pads separately from your HeartStart Home Defibrillator.*

To change the pads cartridge, or to replace an expired pads cartridge:

1. Remove the new cartridge from its foil pouch.

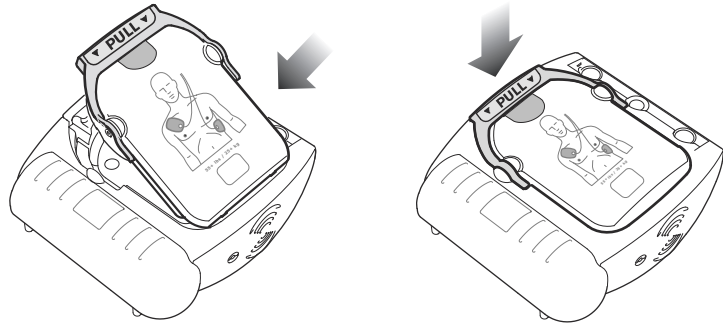


2. Locate the latch at the top edge of the defibrillator, and slide it to the side. The pads cartridge will be released. Remove the old cartridge.



3. Install the new cartridge: slide the bottom end of the cartridge into the recess, then press in the cartridge until the latch clicks into place. Be sure the green handle is pressed down firmly. The HeartStart will tell you what kind of pads

(Adult, Infant/Child, Adult Training, Infant/Child Training) have been inserted, then it will turn off to be ready for use.




4. Remove the battery for at least 5 seconds, then reinsert it to run a self-test. (If for any reason the self-test does not pass, press the blue i-button for information and refer to the Troubleshooting information in Appendix G.)
5. Check the green Ready light to make sure it is blinking. Your HeartStart Home Defibrillator is ready for use.

REMINDERS:

- Do not remove the hard cover or film seal from the pads cartridge until you need to use the pads.
- Do not leave your defibrillator without a HeartStart Adult or Infant/Child pads cartridge inserted. After about one minute without a pads cartridge installed, the defibrillator will start chirping and the i-button will start flashing.

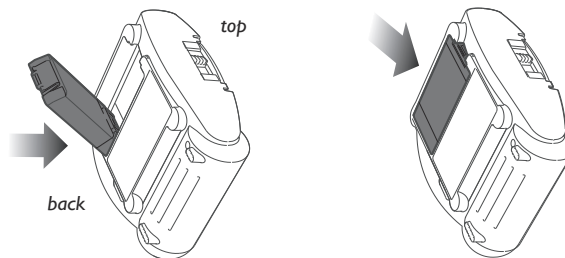
REPLACING THE BATTERY


Your HeartStart Home Defibrillator is equipped with a disposable, long-life battery that will typically last for four years in the standby mode. It is recommended that you keep a spare battery available at all times. *Keep the spare battery in its protective plastic bag until it is needed for use.*

When the battery power gets low, the defibrillator will alert you in several ways: it will begin chirping, the green Ready light will stop blinking, and the blue i-button  will start flashing.

To replace the battery:

1. Make sure you have a pads cartridge installed in the defibrillator.
2. Locate the battery compartment on the back of the defibrillator.
3. Press the tab attached to the top of the battery to release the catch. Remove the battery.
4. Slide a new battery into place. Check to see that its latch is holding it in place.



5. A battery insertion self-test will automatically run. It is important to press the Shock button  when instructed, to ensure that the defibrillator will be ready for use. When it is done, make sure the green Ready light is blinking. Your HeartStart Home Defibrillator is ready for use.

CLEANING THE HEARTSTART

The outside of the HeartStart and its carry case can be cleaned with a soft cloth dampened in soapy water, chlorine bleach (2 tablespoons per quart or liter of water), or ammonia-based cleaners.

REMINDERS:

- Do not use isopropyl (rubbing) alcohol, strong solvents such as acetone or acetone-based cleaners, abrasive materials, or enzymatic cleaners to clean your HeartStart.
- Do not immerse the HeartStart in fluids or allow fluids to spill onto it.
- Do not sterilize the defibrillator or its accessories.

DISPOSING OF THE HEARTSTART

The HeartStart and its accessories should be disposed of in accordance with local regulations.

READY LIGHT TROUBLESHOOTING TIPS

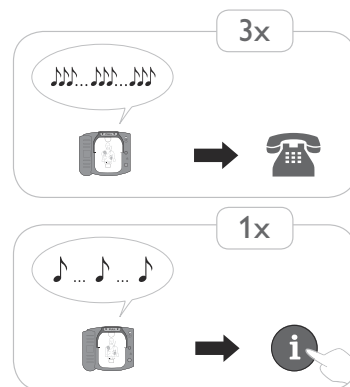
The HeartStart's green Ready light is your guide to knowing if the defibrillator is ready for use.

- If the Ready light is blinking: The HeartStart has passed the battery insertion self-test and the last periodic self-test and is therefore ready for use.
- If the Ready light is solid: The HeartStart is in use or running a self-test.
- If the Ready light is off, the HeartStart is emitting a series of single chirps, and the i-button is flashing: A self-test error has occurred, there is a problem with the pads or the battery power is low. Press the i-button for instructions.
- If the Ready light is off, and the HeartStart is emitting a series of triple chirps, please call Philips for technical support. See “Troubleshooting a chirping HeartStart” on page 5-6 for more information.
- If the Ready light is off but the HeartStart is not chirping and the i-button is not flashing: there is no battery inserted, the battery is depleted, or the defibrillator needs repair. Insert/replace battery and run the self-test. As long as the HeartStart passes the self-test, you can be assured it is ready for use.

TROUBLESHOOTING A CHIRPING HEARTSTART

Your Philips AED tests itself at regular intervals to ensure it is ready for use. If your AED emits a series of single chirps (♪ ... ♪ ... ♪...), press the blue i-button for information.

A triple-chirp alert (♪♪♪...♪♪♪...♪♪♪...) could mean that a potentially serious problem was detected during self-test that could prevent your AED from delivering therapy in an emergency. If you ever hear your AED emit a series of triple chirps:



- in stand-by mode — please call Philips immediately for technical support at the regional number listed on the back cover of this manual.
- in an emergency rescue — press the flashing blue i-button and follow the voice prompts. Removing and reinserting the battery can clear some errors and equip the device to deliver therapy in a rescue. The battery removal and reinsertion procedure should only be done in an emergency situation. Once the emergency is over, please call Philips immediately for technical support.

WARNING: Removing and reinserting the battery one or more times when an AED emits a series of triple chirps may reset the device and cause it to report it is ready for use, though it may be unable to deliver therapy during a rescue. Removing and reinserting the battery when your AED is emitting a pattern of triple chirps should only be done during an emergency. *If your device is emitting a series of triple chirps in stand-by mode, or after an emergency, please remove the AED from service and contact Philips immediately.*

More detailed testing and troubleshooting information is available in Appendix G.

A ACCESSORIES FOR THE HEARTSTART

Accessories for the HeartStart available separately from Philips include:

- Spare battery [REF: M5070A] (recommended)
- Spare Adult SMART Pads Cartridge [REF: M5071A] (recommended)
- Infant/Child SMART Pads Cartridge [REF: M5072A]*
- Adult Practice Kit [REF: M5073A], with practice pads cartridge and adult pads placement guide
- Infant/Child Practice Kit [REF: M5074A], with practice pads cartridge and infant/child pads placement guide
- Standard carry case [REF: M5075A], with paramedics scissors and room for spare pad cartridge and battery
- Fast Response Kit [REF: 68-PCHAT] (pouch containing a pocket mask, a disposable razor, 2 pairs of gloves, a pair of paramedics scissors, and an absorbent wipe)
- HeartStart Defibrillator Quick Reference Guide [REF: M5066-97800]

To order any of these and other accessories, call Philips at 1.866.333.4246 or visit us online at www.HeartStartHome.com.

* Available by prescription only. Talk to your doctor.

B GLOSSARY OF TERMS

The terms listed in this Glossary are defined in the context of the HeartStart Defibrillator and its use.

AED	Automated external defibrillator (a semi-automatic defibrillator).
AED mode	The standard treatment mode for the HeartStart. It provides voice instructions guiding the rescuer through applying the adhesive pads, waiting for rhythm analysis, and delivering a shock if needed.
ALS	Advanced Life Support.
analysis	See “SMART analysis.”
arrhythmia	An unhealthy, often irregular, beating of the heart.
artifact	Electrical “noise” caused by sources such as muscle movements, CPR, patient transport, or static electricity that may interfere with rhythm analysis.
battery	The sealed lithium manganese dioxide battery used to power the HeartStart. It is provided in a pack that fits into a compartment on the back of the defibrillator.
BLS	Basic Life Support.
Caution light	A triangular light on the front of the HeartStart that flashes during rhythm analysis and is on solid when a shock is advised, as a reminder not to touch the patient.
configuration	The settings for all operating options of the HeartStart, including treatment protocol. The factory default configuration can be modified by authorized personnel using HeartStart Event Review software.
CPR	Cardiopulmonary resuscitation. A technique for providing artificial respiration and heart compressions.
CPR Coaching	Basic verbal instructions for performing cardiopulmonary resuscitation, including hand placement, rescue breathing, compression depth and timing, provided by the HeartStart when the flashing blue i-button is pressed during the first 30 seconds of a patient care pause.
defibrillation	Termination of cardiac fibrillation by applying electrical energy.
ECG	Electrocardiogram, a record of the electrical rhythm of the heart as detected through defibrillation pads.
fibrillation	A disturbance of the normal heart rhythm that results in chaotic, disorganized activity that cannot effectively pump blood. Ventricular fibrillation (fibrillation in the lower chambers of the heart) is associated with sudden cardiac arrest.









HeartStart Event Review	A suite of data management software applications for use by trained personnel to review and analyze HeartStart patient use and by authorized personnel to alter HeartStart configuration. Information is available from Philips Medical Systems on the internet at www.philips.com/eventreview .
i-button	A blue “information” button on the front of the HeartStart. If the i-button is pressed during the 30 seconds it flashes during a patient care pause, the HeartStart provides CPR Coaching;* if the i-button is pressed when it is flashing and the HeartStart is chirping, the HeartStart provides troubleshooting guidance. At other times, if the i-button is pressed and held until it beeps once, the HeartStart provides summary information about its last clinical use and device status. When the i-button is on solid (not flashing), it indicates the user may safely touch the patient.
infrared communications	A method of sending information using a special part of the light spectrum. It is used to transmit information between the HeartStart and a computer running HeartStart Event Review software.
NSA	“No Shock Advised,” a decision made by the HeartStart that a shock is not needed, based on analysis of the patient’s heart rhythm.
NSA pause	A pause provided by the HeartStart following an NSA decision. The pause can be configured to a “standard” NSA pause or a “SMART” NSA pause. During a standard NSA pause the defibrillator performs no background monitoring of patient rhythm. During a SMART NSA pause, the defibrillator conducts background monitoring and, if it detects an artifact-free shockable rhythm, will exit the pause and begin rhythm analysis. If the HeartStart detects artifact such as that created by CPR, or if the user presses the i-button for CPR Coaching during a SMART NSA pause, the defibrillator will not exit the pause for rhythm analysis in order to allow CPR to be completed uninterrupted.
non-shockable rhythm	A heart rhythm that the HeartStart determines is not appropriate for defibrillation.
On/Off button	A green button located on the front of the HeartStart. Pressing the On/Off button when the defibrillator is in standby mode turns the defibrillator on; pressing and holding the On/Off button for one second when the defibrillator is on turns the defibrillator off and disarms the defibrillator. In addition, pressing the On/Off button stops the battery insertion self-test that automatically runs when a battery is inserted.
pads	See “SMART pads.”
patient care pause	A defined pause to allow patient assessment, treatment, and/or CPR. See “NSA pause” and “protocol pause.”














* Pressing the i-button for CPR Coaching during a SMART NSA pause turns off background monitoring.














periodic self-tests	Daily, weekly, and monthly tests automatically conducted by the HeartStart when it is in its standby mode. The tests monitor many key functions and parameters of the defibrillator, including battery capacity, pads cartridge readiness, and the state of its internal circuitry.
practice kits	Kits containing a reusable adult or infant/child practice pads cartridge and a pads placement guide, designed for repeated use to practice correct placement of pads. The defibrillator will chirp if the training cartridge remains installed for over one hour without being used.
protocol	A sequence of operations performed by the HeartStart to direct patient care in the AED mode.
protocol pause	A pause provided by the HeartStart after a shock series, during which the responder can administer CPR. The defibrillator does not conduct background monitoring of the patient's heart rhythm during this pause.
Ready light	A green LED showing the readiness for use of the HeartStart. A blinking Ready light means the defibrillator is ready for use; a solid Ready light means the defibrillator is being used.
rhythm analysis	See "SMART analysis."
Shock button	An orange button with a lightning bolt symbol on it, located on the front of the HeartStart. The Shock button flashes when a shock is advised. You must press the button for the shock to be delivered.
shockable rhythm	A heart rhythm that the HeartStart determines is appropriate for defibrillation, such as ventricular fibrillation and some ventricular tachycardias associated with sudden cardiac arrest.
shock series interval	A configurable interval between shocks, used by the HeartStart to decide if the shocks are part of the same shock series.
SMART analysis	The proprietary algorithm used by the HeartStart to analyze the patient's heart rhythm and determine whether the rhythm is shockable.
SMART biphasic waveform	The patented, low-energy defibrillation shock waveform used by the HeartStart. It is an impedance-compensated biphasic waveform. Used with the Adult SMART Pads, it delivers 150 Joules, nominal, into a 50 ohm load; used with the Infant/Child SMART Pads, it delivers 50 Joules, nominal, into a 50 ohm load.
SMART NSA pause	See "NSA pause."
SMART Pads	The adhesive pads, supplied in a cartridge, used with the HeartStart. Pulling the handle on the cartridge turns on the defibrillator and opens the cartridge. The pads are applied to the patient's bare skin and used to detect the patient's heart rhythm and to transfer the defibrillation shock. Only HeartStart SMART Pads can be used with the HeartStart.





standby mode	The operating mode of the HeartStart when a battery has been installed, and the unit is turned off and ready for use when needed. Shown by blinking green Ready light.
standard NSA pause	See “NSA pause.”
sudden cardiac arrest (SCA)	The sudden stopping of the heart’s pumping rhythm, accompanied by loss of consciousness, absence of respiration, and lack of a pulse.
waveform	See “SMART biphasic waveform.”

C GLOSSARY OF SYMBOLS/CONTROLS

symbol	description
	Pads cartridge handle. Green. Pulling the handle turns on the HeartStart and opens pads cartridge for use.
	Refer to operating instructions.
	On/Off button. Green. Pressing the On/Off button when the HeartStart is in standby mode turns the HeartStart on; pressing and holding the On/Off button for one second when the HeartStart is on turns the HeartStart off and disarms the defibrillator. In addition, pressing the On/Off button stops the battery insertion self-test that automatically runs when a battery is inserted.
	Information button (i-button). Blue. Pressing the i-button while it is flashing during a patient care pause provides CPR Coaching; pressing it while it is flashing and the HeartStart is chirping provides troubleshooting guidance. Pressing it until it beeps at other times provides summary information about the HeartStart's last clinical use and device status.
	Caution light. Flashes during rhythm analysis, and is on but not flashing when a shock is advised, as a reminder not to touch the patient.
	Shock button. Orange. Flashes when the HeartStart is charged. If a shock is needed, the HeartStart directs the user to press the Shock button to deliver a shock to the patient.
	Defibrillation protection. Defibrillation protected, type BF patient connection.
	Meets the requirements of the European medical device directives 93/42/EEC.

symbol	description
	Device manufacturer.
	Indicates that this device is optimized for Guidelines 2010.
	Certified by the Canadian Standards Association.
	Reference order number.
	Authorized EU representative.
MM / YYYY	Expiration date.
	Lithium manganese dioxide battery.
 QTY (1)	One battery in package.
	Do not crush the battery.
	Do not expose the battery to high heat or open flames. Do not incinerate the battery.
	Do not mutilate the battery or open the battery case.
	Class 9 miscellaneous dangerous goods. (Symbol required on outer packaging by freight carrier regulations to identify shipments containing lithium batteries.)
 INSTALL BEFORE	Install the battery in the defibrillator before the date (MM-YYYY) shown on the associated label.
	Do not expose to moisture.

symbol	description
	Handle with care.
	This side up.
	Transportation requirements (refer to associated thermometer symbol).
	Storage requirements (refer to associated thermometer symbol).
	Environmental (temperature and relative humidity) requirements.
	These pads are disposable and are for single patient use only.
	Cartridge contents: one set of two defibrillation pads.
	Store the pads at temperatures between 32° and 110° F (0° and 43° C).
	This product is not sterile.
	This product does not contain natural rubber latex.
	Meets the requirements of the applicable European directive.
	Pads intended for use on infant or child under 8 years or 55 lb (25 Kg).
	Expiration (see associated date code).

symbol	description
	Serial number.
	Lot number.
Rx only	Federal law (USA) restricts this device to sale by or on the order of a physician.
	Dispose of in accordance with your country's requirements.
	Printed on recycled paper.

D WARNINGS AND PRECAUTIONS

It is important to understand how to use your Philips HeartStart Home Defibrillator safely. Please read these warnings and precautions carefully.

A **warning** describes something that could cause serious personal injury or death. A **precaution** describes something that could cause minor personal injury, damage to the HeartStart, loss of data stored in the HeartStart, or less chance of successful defibrillation.

NOTE: The HeartStart is designed to be used only with Philips-approved accessories. The HeartStart may perform improperly if non-approved accessories are used.

WARNINGS

flammable gases	If the HeartStart is used to give a shock in the presence of flammable gases such as in an oxygen tent, there is a risk of explosion. Move supplemental oxygen and oxygen delivery devices away from the defibrillation pads. (However, it is safe to use the HeartStart on someone wearing an oxygen mask.)
battery	The HeartStart M5070A battery is not rechargeable. Do not try to recharge, open, crush, or burn the battery, or it may explode or catch fire.
fluids	Do not let fluids get into the HeartStart. Avoid spilling any fluids on the HeartStart or its accessories. Spilling fluids into the HeartStart may damage it or cause a fire or shock hazard. Do not sterilize the HeartStart or its accessories.
accessories	Using damaged or expired equipment or accessories may cause the HeartStart Defibrillator to perform improperly, and/or injure the patient or the user.
patient handling	Performing CPR or otherwise handling or moving the patient while the HeartStart is analyzing heart rhythm can cause an incorrect or delayed analysis. If the HeartStart tells you a shock is advised while you are handling or moving the patient, stop the vehicle or CPR and keep the patient as still as possible for at least 15 seconds. This will give the HeartStart time to reconfirm the analysis before telling you to press the Shock button.
cell phones	The HeartStart can work correctly when it is fairly close to equipment like emergency two-way radios and cell phones. Normally, using a cell phone near the patient should not cause a problem for the HeartStart. However, it is best to keep such equipment only as close as necessary to the patient and the HeartStart.

pads Do not allow the pads to contact other electrodes or metal parts that are in contact with the patient.

PRECAUTIONS

- device handling The HeartStart was designed to be sturdy and reliable for many different use conditions. However, handling the HeartStart too roughly can damage it or its accessories and will invalidate the warranty. Check the HeartStart and accessories regularly for damage, according to directions.
- maintenance Improper maintenance may damage the HeartStart or cause it to function improperly. Maintain the HeartStart according to directions.
- skin burns Do not let the pads touch each other or other electrodes, lead wires, dressings, medicine patches, etc. Such contact can cause electrical arcing and skin burns during a shock and may also divert the electrical current away from the patient's heart. During a shock, air pockets between the skin and pads can cause skin burns. To help prevent air pockets, make sure pads stick well to the skin. Do not use dried out pads because they will not provide good contact with the skin.
- patient handling Before delivering a shock, it is important to disconnect the patient from other medical electrical equipment, such as blood-flow meters, that may not incorporate defibrillation protection. In addition, make sure the pads are not in contact with metal objects such as a bed frame or stretcher.

E TECHNICAL INFORMATION

HEARTSTART SPECIFICATIONS

The specifications provided in the following tables are nominal values. Additional information can be found in the *Technical Reference Manuals* for HeartStart Automated External Defibrillators, located online at www.philips.com/productdocs.

PHYSICAL

category	specifications
size	2.80" H x 7.40" D x 8.30" W (7.1cm H x 19cm D x 21cm W).
weight	Approximately 3.3 lbs (1.5 kg) with battery and pads cartridge installed.

ENVIRONMENTAL

category	specifications
temperature and relative humidity	Operating (battery and pads cartridge installed): 32° to 122° F (0° to 50° C) 0% to 95% RH (non-condensing). Standby (battery and pads cartridge installed): 50° to 109° F (10° to 43° C) 10% to 75% RH (non-condensing). Storage/shipping (with battery and pads cartridge): -4° to 140° F (-20° to 60° C) for up to 2 days 0% to 85% RH (non-condensing)
altitude	Operates at 0 to 15,000 feet (4,572 m); can be stored at up to 8,500 feet (2,591 m), in standby mode.
shock/drop abuse tolerance	Withstands 1 meter drop to any edge, corner, or surface.
vibration	Operating: meets EN1789 random, road ambulance. Standby: meets EN1789 swept sine, road ambulance.

category	specifications
sealing	Drip proof per EN60529 class IPx1. Solid Objects per EN60529 class IP2x.
ESD/EMI (radiated and immunity)	See Electromagnetic Conformity tables.

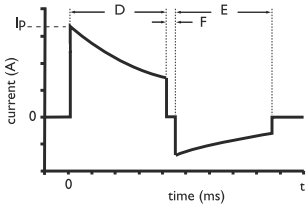
CONTROLS AND INDICATORS

category	specifications
controls	Green SMART Pads cartridge handle Green On/Off button Blue i-button Orange Shock button
indicators	Ready light: green; blinks when the HeartStart is in standby mode (ready for use); solid when the defibrillator is being used. i-button: blue, flashes when information is available, on solid during patient care pause. Caution light: flashes when the HeartStart is analyzing, comes on solid when the HeartStart is ready to deliver a shock. Shock button: orange, flashes when the HeartStart is charged and ready to deliver a shock.
audio speaker	Provides voice prompts and warning tones during normal use.
beeper	Provides chirps when troubleshooting is needed.

DEFIBRILLATION WAVEFORM

category	specifications
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waveform parameters



Biphasic truncated exponential. Waveform parameters are automatically adjusted as a function of patient defibrillation impedance. In the diagram at left, D is the duration of phase 1 and E is the duration of phase 2 of the waveform, F is the interphase delay (500 μ s), and Ip is the peak current.

The HeartStart delivers shocks to load impedances from 25 to 180 ohms. The duration of each phase of the waveform is dynamically adjusted based on delivered charge, in order to compensate for patient impedance variations, as shown below:

adult defibrillation				
load resistance (Ω)	phase 1 duration (ms)	phase 2 duration (ms)	peak current (A)	delivered energy (J)
25	2.8	2.8	55	128
50	4.5	4.5	32	150
75	6.3	5.0	23	155
100	8.0	5.3	18	157
125	9.7	6.4	14	159
150	11.5	7.7	12	160
175	12.0	8.0	11	158

pediatric defibrillation (using M5072A infant/child reduced-energy defibrillator pads)				
load resistance (Ω)	phase 1 duration (ms)	phase 2 duration (ms)	peak current (A)	delivered energy (J)
25	4.1	2.8	24	35
50	5.1	3.4	16	46
75	6.2	4.1	12	52
100	7.2	4.8	10	54
125	8.3	5.5	8	56
150	9.0	6.0	7	57
175	9.0	6.0	6	55

category	specifications												
energy* (pediatric doses indicated are based on CDC growth charts for the 50th percentile weights for boys.)	<p>Using HeartStart Adult SMART Pads: 150 J nominal ($\pm 15\%$) into a 50 ohm load. Using HeartStart Infant/Child SMART Pads: 50 J nominal ($\pm 15\%$) into a 50 ohm load. Sample pediatric energy doses:</p> <table border="1" data-bbox="664 300 978 479"> <thead> <tr> <th>age</th> <th>energy dose</th> </tr> </thead> <tbody> <tr> <td>newborn</td> <td>14 J/kg</td> </tr> <tr> <td>1 year</td> <td>5 J/kg</td> </tr> <tr> <td>2 – 3 years</td> <td>4 J/kg</td> </tr> <tr> <td>4 – 5 years</td> <td>3 J/kg</td> </tr> <tr> <td>6 – 8 years</td> <td>2 J/kg</td> </tr> </tbody> </table> <p>* National Center for Health Statistics in collaboration with the National Center for Chronic Disease Prevention and Health Promotion. <i>CDC growth charts: weight-for-age percentiles, revised and corrected</i> November 28, 2000. Atlanta, GA: Centers for Disease Control and Prevention © 2000.</p>	age	energy dose	newborn	14 J/kg	1 year	5 J/kg	2 – 3 years	4 J/kg	4 – 5 years	3 J/kg	6 – 8 years	2 J/kg
age	energy dose												
newborn	14 J/kg												
1 year	5 J/kg												
2 – 3 years	4 J/kg												
4 – 5 years	3 J/kg												
6 – 8 years	2 J/kg												
charge control	Controlled by Patient Analysis System for automated operation.												
“charge complete” indicator	Shock button flashes, audio tone sounds.												
shock-to-shock cycle time	<20 seconds, typical, including analysis.												
patient care pause-to-shock time	Quick Shock. 8 seconds, typical, from end of patient care pause to shock delivery.												
disarm (AED mode)	<p>Once charged, the defibrillator will disarm if:</p> <ul style="list-style-type: none"> • the patient’s heart rhythm changes to non-shockable rhythm, • a shock is not delivered within 30 seconds after the HeartStart has charged for shock delivery, • the On/Off button is pressed and held down for at least one (1) second to turn off the HeartStart, • the adhesive pads are removed from the patient or the pads cartridge is disconnected from the HeartStart, • the battery is removed or is completely depleted or • the impedance between pads is out of range. 												
adult shock delivery vector	Via adhesive pads placed in the anterior-anterior (Lead II) position.												
infant/child shock delivery vector	Via adhesive pads typically placed in the anterior-posterior position.												

ECG ANALYSIS SYSTEM

category	specifications
function	Evaluates impedance of adhesive pads for proper contact with the patient's skin, and evaluates the ECG rhythm and signal quality to determine if a shock is appropriate.
shockable rhythms	Ventricular fibrillation (VF) and some ventricular tachycardias associated with a lack of circulation, including ventricular flutter and polymorphic ventricular tachycardia (VT). The HeartStart uses multiple parameters to determine if a rhythm is shockable. <i>NOTE: For patient safety reasons, some very low-amplitude or low-frequency rhythms may not be interpreted as shockable VF rhythms. Also, some VT rhythms usually associated with circulation will not be interpreted as shockable rhythms.</i>
non-shockable rhythms	SMART Analysis is designed to detect non-shockable rhythms as defined by AHA/AAMI DF-80. See following table. On detection of any non-shockable rhythm, the HeartStart prompts user to perform CPR if needed.
pacemaker detection	Pacemaker artifact is removed from the signal for rhythm analysis.
artifact detection	If electrical "noise" (artifact) is detected which interferes with accurate rhythm analysis, analysis will be delayed until the ECG signal is clean.
analysis protocol	Depending on results of analysis, either prepares for shock delivery or provides a pause. For details of protocol, see Appendix F, "Configuration."

ECG ANALYSIS PERFORMANCE

rhythm class	ECG test sample ^a size	meets AHA recommendations ^b for adult defibrillation	
		observed performance	90% one-sided lower confidence limit
shockable rhythm — ventricular fibrillation	300	sensitivity >90% (meets AAMI DF80 requirement)	(87%)
shockable rhythm — ventricular tachycardia	100	sensitivity >75% (meets AAMI DF80 requirement)	(67%)
non-shockable rhythm — normal sinus rhythm	300	specificity >99% (meets AAMI DF80 requirement)	(97%)
non-shockable rhythm — asystole	100	specificity >95% (meets AAMI DF80 requirement)	(92%)
non-shockable rhythm — all other non-shockable rhythms ^c	450	specificity >95% (meets AAMI DF80 requirement)	(88%)

a. From Philips Medical Systems Heartstream ECG rhythm databases.

b. American Heart Association (AHA) AED Task Force, Subcommittee on AED Safety & Efficacy. Automatic External Defibrillators for Public Access Use: Recommendations for Specifying and Reporting Arrhythmia Analysis Algorithm Performance, Incorporation of New Waveforms, and Enhancing Safety. *Circulation* 1997;95:1677-1682.

c. Supraventricular tachycardia (SVT) is specifically included in the non-shockable rhythm class, in accordance with AHA recommendations^b and the AAMI standard DF80.

ACCESSORIES SPECIFICATIONS

BATTERY M5070A

category	specifications
battery type	9 VDC, 4.2 Ah, lithium manganese dioxide. Disposable, long-life primary cell.
capacity	When new, a minimum of 200 shocks or 4 hours of operating time at 77° F (25° C). (IEC 60601-2-4 2002)
shelf life (prior to insertion)	A minimum of 5 years from date of manufacture when stored and maintained according to directions provided in this <i>Instructions for Use</i> .
standby life (after insertion)	Typically, 4 years when stored and maintained according to directions provided in the <i>Instructions for Use</i> .
training life	Supports 10 hours of use in training mode.

HEARTSTART ADULT SMART PADS M5071A AND INFANT/CHILD SMART PADS M5072A

category	specifications
adult pads	Disposable, adhesive defibrillation pads with a nominal active surface area of 85 cm ² each, provided in a snap-in cartridge with an integrated 54" (137.1 cm), typical, cable.
infant/child pads	Disposable, adhesive defibrillation pads with a nominal active surface area of 85 cm ² each, provided in a snap-in cartridge with an integrated 40" (101.6 cm), typical, cable. Cartridge incorporates teddy bear icon on cover of seal for ready identification.
defibrillation pad requirements	Use only HeartStart Adult SMART Pads M5071A or Infant/Child SMART Pads M5072A with the HeartStart.

ENVIRONMENTAL CONSIDERATIONS

By complying with your national regulations regarding disposal of electric, electronic, and battery waste, you can make a positive contribution to our shared environment. Such waste can introduce harmful elements into the environment as a whole and may also endanger human health.

product	information
defibrillator	The defibrillator contains electronic components. Do not dispose of it as unsorted municipal waste. Collect such electronic waste separately and dispose of it at an appropriate recycling facility according to your country's regulations.
battery	The battery cells contain chemicals. The chemistry used in each battery is identified by a symbol on the label; symbols are defined in the defibrillator User's Guide/Instructions for Use/Owner's Manual. Recycle the battery at an appropriate recycling facility.
pads	The used pads may be contaminated with body tissue, fluid, or blood. Cut them off and dispose of them as infectious waste. Recycle the remaining cartridge components at an appropriate recycling facility in accordance with local regulations.

F CONFIGURATION

OVERVIEW

The HeartStart comes with a factory default configuration designed to meet the needs of most users. This configuration can only be changed by an authorized person using HeartStart Configure PDA software or Event Review software. This software is for use by trained personnel. Information about HeartStart data management products is available online at www.philips.com/eventreview.

DEVICE OPTIONS

The following table includes the features of HeartStart operation that are not related to patient treatment.

parameter	settings	default	default description
speaker volume	1, 2, 3, 4, 5, 6, 7, 8	8	The volume of the HeartStart's speaker is set to 8, highest.
auto send periodic self-test (PST) data	On, Off	On	Enables the periodic self-test data to be broadcast through the device's infrared data port.
ECG out data	On, Off	On	Enables the ECG data to be broadcast through the device's infrared data port.

PATIENT TREATMENT PROTOCOL OPTIONS

parameter	settings	default	default description
“call EMS” voice reminder timing	<ul style="list-style-type: none"> • At power on (when the user turns on the HeartStart) • At power on and at the start of the first patient care pause • At the start of the first patient care pause • No reminder 	At the start of the first patient care pause	Provides a voice reminder to make sure Emergency Medical Services have been called, at the start of the first patient care pause.
shock series	1, 2, 3, 4	1	<p>The automatic protocol pause for CPR is activated* each time a shock is delivered.</p> <p>During the protocol pause, the HeartStart does not perform rhythm analysis.</p> <p>The length of the protocol pause after a shock series is completed is determined by the protocol pause timer setting.</p>
shock series interval (minutes)	1.0, 2.0, ∞ (infinity)	1.0	<p>A delivered shock must occur within 1 minute of the previous shock to be counted as part of the current shock series.</p> <p><i>NOTE: This parameter is only applicable when the shock series is not configured to the default 1 shock.</i></p>

* A shock series begins when a shock is delivered after the HeartStart is turned on. A new shock series begins after a protocol pause. If shock series is configured for 2 or more, a new shock series also begins if the time since the previous shock exceeds the shock series interval setting.

parameter	settings	default	default description
protocol pause timer (minutes)	0.5, 1.0, 1.5, 2.0, 2.5, 3.0	2.0	<p>A 2-minute protocol pause for CPR automatically starts after voice instruction is given when a shock series is completed. After the protocol pause, the defibrillator returns to rhythm analysis.</p> <p>If the user presses the i-button for optional CPR coaching, the HeartStart provides coaching for 5 cycles of CPR, starting and ending with compressions, when the CPR Coaching parameters are also set to their default values. The number of CPR cycles varies for other protocol pause timer and CPR Coaching parameter settings.</p> <p><i>Note: Because the protocol pause ends upon completion of a CPR cycle in order to maximize the benefits of CPR, the actual duration of the pause may differ slightly from the timer setting.</i></p>
NSA pause type	<ul style="list-style-type: none"> Standard NSA pause: HeartStart does not perform rhythm analysis during the NSA pause. SMART NSA pause: HeartStart conducts background monitoring during the SMART NSA pause. If a potentially shockable rhythm is detected, HeartStart terminates the SMART NSA pause and resumes rhythm analysis. 	SMART NSA pause	<p>During a SMART NSA pause, the defibrillator conducts background monitoring. If a potentially shockable rhythm is detected in a motionless patient, the defibrillator terminates the SMART NSA pause and resumes rhythm analysis.</p> <p><i>NOTE: If the HeartStart detects CPR in progress or if the responder has pressed the i-button for CPR Coaching, the SMART NSA pause will be converted to a standard NSA pause. During the standard NSA pause, the defibrillator does not perform rhythm analysis.</i></p>

parameter	settings	default	default description
NSA pause timer (minutes)	0.5, 1.0, 1.5, 2.0, 2.5, 3.0	2.0	<p>A 2-minute NSA pause for CPR automatically starts after voice instruction is given when no shock is advised (NSA).</p> <p>If the user presses the i-button for optional CPR coaching, the HeartStart provides coaching for 5 cycles of CPR, starting and ending with compressions, when the CPR Coaching parameters are also set to their default values. The number of CPR cycles varies for other NSA pause timer and CPR Coaching parameter settings.</p> <p><i>Note: Because the NSA pause ends upon completion of a CPR cycle in order to maximize the benefits of CPR, the actual duration of the pause may differ slightly from the timer setting.</i></p>
CPR prompt	<ul style="list-style-type: none"> • CPR1: Instructs the user to begin CPR. • CPR2: Instructs the user that it is safe to touch the patient and to begin CPR. • CPR3: Instructs the user to begin CPR and to press the i-button for CPR Coaching. • CPR4: Instructs the user that it is safe to touch the patient, to begin CPR, and to press the i-button for CPR Coaching. 	<p>CPR4: Instructs the user that it is safe to touch the patient, to begin CPR, and to press the i-button for CPR Coaching.</p>	<p>The CPR reminder voice instructions provided at the beginning of a pause interval assures the user that it is safe to touch the patient, instructs the user to begin CPR, and invites the user to press the i-button for guidance in the basic steps of CPR.</p> <p><i>Note: CPR Coaching is available only with the CPR3 and CPR4 settings.</i></p>

* If the shock series is configured to 2 or more, and a shock has been delivered as part of a series, the length of the first NSA pause within that shock series is determined by the protocol pause timer setting. Otherwise, the length of an NSA pause is determined by the NSA pause timer setting.

parameter	settings	default	default description
CPR Coaching adult ventilation instruction	Yes, No	Yes	Optional CPR Coaching includes rescue breaths at the rate determined by the CPR Coaching compression:ventilation ratio for adults when an adult pads cartridge is installed. <i>NOTE: if this parameter is configured to NO, CPR Coaching will always be compressions-only when an adult pads cartridge is installed.</i>
CPR Coaching infant/child ventilation instruction	Yes, No	Yes	Optional CPR Coaching includes rescue breaths at the rate determined by the CPR Coaching compression:ventilation ratio for infants and children when an infant/child pads cartridge is installed. <i>NOTE: if this parameter is configured to NO, CPR Coaching will always be compressions-only when an infant/child pads cartridge is installed.</i>
CPR Coaching compression:ventilation ratio	<ul style="list-style-type: none"> • 30:2 adult and 30:2 infant/child • 30:2 adult and 15:2 infant/child • 15:2 adult and 15:2 infant/child 	30:2 adult and 30:2 infant/child	If the user presses the i-button for optional CPR Coaching during a protocol pause or NSA pause, the HeartStart provides coaching in basic CPR for cycles of 30 compressions and 2 ventilations for adults, children, and infants. Pauses begin and end with compressions.

G TESTING AND TROUBLESHOOTING

TESTING

As long as a battery is installed, the HeartStart automatically tests itself every day and alerts you if it finds a problem. The self-test includes pads readiness testing. In addition, it runs a pads self-test each time a pads cartridge is inserted. It alerts you if it finds a problem. See the *Technical Reference Manuals*, available online at www.philips.com/productdocs, for a detailed discussion of the self-tests.

You can also test the defibrillator at any time by removing the battery for five seconds then reinstalling it. This test takes about one minute. Because the battery insertion self-test is very detailed and uses battery power, running it more often than necessary will drain the battery prematurely. It is recommended that you run the battery insertion self-test only:

- when the defibrillator is first put into service.
- after each time the defibrillator is used to treat a patient.
- when the battery is replaced.
- when the defibrillator may have been damaged.

If you need to use the defibrillator in an emergency while you are running a battery self-test, pull the SMART Pads cartridge handle to stop the test and to turn on the HeartStart for use.

TROUBLESHOOTING

The HeartStart's green Ready light is the signal that tells you if the defibrillator is ready for use. The defibrillator also uses chirps and the i-button flashes to alert you to a problem.

RECOMMENDED ACTION DURING AN EMERGENCY

If for any reason the HeartStart does not turn on when you pull the SMART Pads cartridge handle, press the On/Off button.

If that does not turn on the defibrillator, remove the battery and replace it with a new battery if available and press the On/Off button to turn on the defibrillator. If

no spare battery is available, remove the installed battery for five seconds, then reinsert it and run a battery insertion self-test.

If the problem continues, do not use the HeartStart. Attend to the patient, providing CPR if needed, until Emergency Medical Services personnel arrive.

TROUBLESHOOTING WHILE THE HEARTSTART IS IN USE

(green Ready light is solid)

HeartStart tells you:	possible cause	recommended action
... to replace the battery immediately	The battery is nearly depleted. The defibrillator will turn off if a new battery is not inserted.	Replace the battery with a new battery immediately.
... there is no cartridge installed, and ... to insert a pads cartridge	<ul style="list-style-type: none"> The pads cartridge has been removed. The pads cartridge has been damaged. 	Insert a new pads cartridge.
... to press the pads firmly to the skin ... to make sure the pads have been removed from the liner ... the pads should not be touching the patient's clothing	<ul style="list-style-type: none"> The pads are not properly applied to the patient. The pads are not making good contact with the patient's bare chest because of moisture or excessive hair. The pads are touching each other. The pads may not have been removed from the liner or may be on the patient's clothing. 	<ul style="list-style-type: none"> Make sure that the pads are sticking completely to the patient's skin. If the pads are not sticking, dry the patient's chest and shave or clip any excessive chest hair. Reposition the pads. Make sure the pads are not on the liner or the patient's clothing. <p>If the voice instruction continues after you do these things, insert another pads cartridge.</p>
... to insert new pads cartridge	The pads cartridge has been opened and the pads peeled off the liner, but the pads have not been successfully attached to the patient. There may be a problem with the pads cartridge.	Replace the damaged pads cartridge. Pull up the handle on the cartridge cover, and replace pads on patient with new pads to continue with the rescue.

HeartStart tells you:	possible cause	recommended action
... to stop all motion	<ul style="list-style-type: none"> • The patient is being moved or jostled. • The environment is dry and movement around the patient is causing static electricity to interfere with ECG analysis. • Radio or electrical sources are interfering with ECG analysis. 	<ul style="list-style-type: none"> • Stop CPR; do not touch the patient. Minimize patient motion. If the patient is being transported, stop the vehicle. • Responders and bystanders should minimize motion, particularly in dry environments that can generate static electricity. • Check for possible causes of radio and electrical interference and turn them off or remove them from the area.
... the shock was not delivered	<ul style="list-style-type: none"> • The pads may not be making good contact with the patient's skin. • The pads may be touching each other. • The pads may be damaged. 	<ul style="list-style-type: none"> • Press the pads firmly to the patient's chest. • Make sure the adhesive pads are correctly positioned on the patient. • Replace the pads if necessary.
... the shock button was not pressed	Shock has been advised but the shock button has not been pressed within 30 seconds.	When next prompted, press the Shock button to deliver shock.

TROUBLESHOOTING WHILE THE HEARTSTART IS NOT IN USE
(green Ready light is *not* on)

NOTE: In the event of a triple-chirp alert, even if the failure is cleared by a battery insertion test, please contact Philips for service. In the event of repeated instances of a self-test failure resulting in single-chirp alerts, even if such failures are cleared by a battery insertion test, please contact Philips for service.

behavior	possible cause	recommended action
chirps or i-button flashes	<ul style="list-style-type: none"> • The battery power is low or the SMART Pads cartridge needs to be replaced. • The defibrillator may have been turned off without a pads cartridge installed, or the installed pads cartridge may not have its hard cover in place. • The training pads cartridge has been left in the defibrillator. • The defibrillator has been stored outside the recommended temperature range. • The defibrillator has detected an error during a self-test or cannot perform a self-test, or the Shock button is damaged. 	<ul style="list-style-type: none"> • Press the blue i-button. Replace the battery or pads cartridge if instructed. • Make sure the pads cartridge is properly installed with the hard cover in place. (See Chapter 5, “Maintaining the HeartStart,” for directions on installing the pads cartridge.) • Remove the training pads cartridge and replace it with an Adult or Infant/Child SMART Pads Cartridge. • Remove the battery for five seconds then reinstall it to start the battery insertion self-test. If it fails, insert a new battery to repeat the test. If it fails again, do not use the defibrillator. If it passes, store the defibrillator within the recommended temperature range. • Contact Philips for service.
no chirping and/or i-button does not flash	<ul style="list-style-type: none"> • The battery is missing or completely depleted. • The defibrillator may have been physically damaged. 	<p>Remove the battery for five seconds then reinstall it to start the battery insertion self-test. If it fails, insert a new battery and repeat the test. If it fails again, do not use the defibrillator. Contact Philips for service.</p>

H ADDITIONAL TECHNICAL INFORMATION REQUIRED FOR EUROPEAN CONFORMITY


ELECTROMAGNETIC CONFORMITY

Guidance and manufacturer's declaration: The Philips HeartStart Defibrillator is intended for use in the electromagnetic environment specified in the tables below. The customer or user of the HeartStart should assure that it is used in such an environment.

ELECTROMAGNETIC EMISSIONS

emissions test	compliance	electromagnetic environment – guidance
RF CISPR 11	Group I Class B	<p>The HeartStart uses RF energy only for its internal function. Therefore, its RF emissions are very low and are not likely to cause any interference in nearby electronic equipment.</p> <p>The HeartStart is suitable for use in all establishments, including domestic establishments and those directly connected to the public low-voltage power supply network that supplies buildings used for domestic purposes.</p>

ELECTROMAGNETIC IMMUNITY

immunity test	IEC 60601 test level	compliance level	electromagnetic environment - guidance
electrostatic discharge (ESD) IEC 61000-4-2	± 6 kV contact ± 8 kV air	± 6 kV contact ± 8 kV air	There are no special requirements with respect to electrostatic discharge. ^a
power frequency (50/60 Hz) magnetic field IEC 61000-4-8	3 A/m	3 A/m	Power frequency magnetic fields should be at levels characteristic of a typical location in a typical commercial/hospital environment. There are no special requirements for non-commercial/non-hospital environments.
radiated RF IEC 61000-4-3	10 V/m 80 MHz to 2.5 GHz	20 V/m	Portable and mobile RF communications equipment should be used no closer to any part of the HeartStart, including cables, than is absolutely necessary. ^{b,c} The recommended separation distances for various transmitters and the AED are shown in the following table. Interference may occur in the vicinity of equipment marked with the following symbol: 

NOTE 1. At 80 MHz and 800 MHz, the higher frequency range applies.

NOTE 2. These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures, objects and people.

- Generally, AEDs are sometimes susceptible to interference generated by patient and/or responder motion in environments in which a high static electric field is present (e.g., low humidity, synthetic carpets, etc.). As a safety measure, Philips AEDs incorporate a patented method to sense possible corruption of the ECG signal by such interference and to respond by directing the user to stop all motion. In these cases, it is important to minimize movement in the vicinity of the patient during rhythm analysis in order to ensure that the signal being analyzed accurately reflects the patient's underlying heart rhythm.
- The ISM (industrial, scientific and medical) bands between 150 kHz and 80 MHz are 6,765 MHz to 6,795 MHz; 13,553 MHz to 13,567 MHz; 26,957 MHz to 27,283 MHz; and 40,660 MHz to 40,700 MHz.
- Field strengths from fixed transmitters, such as base stations for radio (cellular/cordless) telephones and land mobile radios, amateur radio, AM and FM radio broadcast, and TV broadcast cannot be predicted theoretically with accuracy. To assess the electromagnetic environment due to fixed RF transmitters, an electromagnetic site survey should be considered. If the measured field strength in the location in which the HeartStart is used exceeds the applicable RF compliance level above, the HeartStart should be observed to verify normal operation. If abnormal performance is observed, additional measures may be necessary, such as re-orienting or relocating the HeartStart.

RECOMMENDED SEPARATION DISTANCES BETWEEN PORTABLE AND MOBILE RF COMMUNICATIONS EQUIPMENT AND THE HEARTSTART

The HeartStart is intended for use in an electromagnetic environment in which radiated RF disturbances are controlled. The customer or the user of the HeartStart can help prevent electromagnetic interference by maintaining a minimum distance between portable and mobile RF communications equipment (transmitters) and the HeartStart as recommended below, according to the maximum output power of the communications equipment.

rated maximum output power of transmitter (W)	separation distance according to frequency of transmitter (m)	
	80 MHz to 800 MHz $d = 0.6\sqrt{P}$	800 MHz to 2.5 GHz $d = 1.15\sqrt{P}$
0.01	0.06	0.115
0.1	0.19	0.36
1	0.6	1.15
10	1.9	3.64
100	6.0	11.5

For transmitters rated at a maximum output power not listed above, the recommended separation distance d in meters (m) can be determined using the equation applicable to the frequency of the transmitter, where P is the maximum output power rating of the transmitter in watts (W) according to the transmitter manufacturer.

NOTE 1. At 80 MHz and 800 MHz, the separation distance for the higher frequency range applies.

NOTE 2. The ISM (industrial, scientific and medical) bands between 150 kHz and 80 MHz are 6,765 MHz to 6,795 MHz; 13,553 MHz to 13,567 MHz; 26,957 MHz to 27,283 MHz; and 40,660 MHz to 40,700 MHz.

NOTE 3. An additional factor of 10/3 is used in calculating the recommended separation distance for transmitters in the ISM frequency bands between 150 kHz and 80 MHz and in the frequency range 80 MHz to 2.5 GHz to decrease the likelihood that mobile/portable communications equipment could cause interference if it is inadvertently brought into patient areas.

NOTE 4. These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures, objects and people.

IMPORTANT WARNINGS AND REMINDERS

- Do not allow the pads to contact other electrodes or metal parts that are in contact with the patient.
- Before delivering a shock, it is important to disconnect the patient from other medical electrical equipment, such as blood-flow meters, that may not incorporate defibrillation protections. In addition, make sure the pads are not in contact with metal objects such as a bedframe or stretcher.
- Check supplies, accessories, packaging, and spares for damage and expiration dating.

ENVIRONMENTAL CONSIDERATIONS

- The defibrillator contains electronic components. Dispose of it at an appropriate recycling facility.
- The battery cells contain chemicals. Recycle the battery at an appropriate recycling facility.
- The used pads may be contaminated. Cut them off and dispose of them properly. Recycle the remaining cartridge components at an appropriate recycling facility.

SHOCK CYCLE TIMING

The HeartStart Quick Shock feature allows it to deliver a shock within 8 seconds, typical, following the prompt ending a CPR Interval. From shock to shock, the HeartStart takes <20 seconds, typical, including analysis. After 15 shocks, the HeartStart takes <30 seconds from analyzing to ready-to-shock. After 200 shocks, the HeartStart takes <40 seconds from initial power-on to ready-to-shock.

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